

BETHEL

House of E. A. Fisher Damaged By Fire Saturday Night.

Mrs. E. A. Fisher noticed a smell of smoke in her home last Saturday about 10 p. m. after everybody else was in bed, and on hastening downstairs found fire raging in the basement, where a woodpile was in flames, which already were eating their way upwards through some of the partitions. The sleepers were soon up and dressed, an alarm had been given and firemen and other citizens were hastening to the scene, which is outside of the fire district. Principally by the use of about 25 hand extinguishers, many of which were recharged and used again, the house was saved. Much furniture was carried out to the lawn. As the night was fine the furniture was not damaged. The house was damaged hundreds of dollars, but a \$11,000 or \$12,000 fire loss was averted by excellent handling of the extinguishers. Considerable water also was used. The dense smoke made the lot of the fire fighters a hard one. Mr. Fisher recovered yesterday near the house a vest containing \$300 in currency and \$1,500 in checks, which had been thrown out of doors and which he feared was lost or stolen. The house was insured for \$4,200 and the contents for \$4,500.

Frank C. Olmsted of Windsor has been at F. O. Roberts' a few days.

Margaret Preston, the 10-year-old daughter of Mr. and Mrs. Walter H. Preston, has bronchial pneumonia.

The Get-Together sewing club meets Wednesday evening with Mrs. John Wilson.

H. N. Senay goes to-day to Montreal to accompany his sister, Miss E. A. Senay, to Bethel for a two weeks' visit.

The high school basketball team went to Woodstock last Friday night expecting to play the high school team but the locals refused to play on the excuse that measles were prevalent there.

Mrs. Guy Wilson goes to-day to visit a sister in Framingham, Mass., and later in the week will attend a New England conference of women's clubs in Providence, R. I.

Vernon Wright has moved his family from Salem, Mass., into the Blossom building.

Mrs. Forrest S. Blossom has been on crutches owing to an injury to her hip caused by a fall.

Moses Clukey lighted an oil stove in his bedroom last Friday night and after spending some time downstairs with the family found his room full of smoke and flames when he returned to it. Some of the neighbors were called and the fire was put out without an alarm. There was considerable damage to furniture and wearing apparel and slight damage to woodwork in the room.

RANDOLPH

The latest reports from Paul Johnson, who is at the Pittsford sanatorium, are far from favorable, he not having been as well on Saturday. Sunday the report was about the same.

The report of the death of Charles Rabby on Friday was false, although he is in a critical condition at the sanatorium with Bright's disease, with little or no hope of recovery.

Mrs. Harrington, who has been passing several weeks with Mr. and Mrs. N. C. Greene, left Saturday to join her husband in Boston, after making short stops on the way.

H. D. Lane, who has been taking care of the Lane farm for two years, has closed his engagement there and moved from the house into a tenement in Beantown.

Miss Ethel Hulburd, a trained nurse, who has been at Bethel taking care of a pneumonia case, is now in quarantine there with a case of diphtheria.

DON'T FUSS WITH MUSTARD PLASTERS!

Musterole Works Easier, Quicker and Without the Blister

There's no sense in mixing a mess of mustard, flour and water when you can easily relieve pain, soreness or stiffness with a little clean, white Musterole.

Musterole is made of pure oil of mustard and other helpful ingredients, combined in the form of a pleasant white ointment. It takes the place of out-of-date mustard plasters, and will blister!

Musterole usually gives prompt relief from sore throat, bronchitis, tonsillitis, croup, stiff neck, asthma, neuralgia, headache, congestion, pleurisy, rheumatism, lumbago, pains and aches of the back or joints, sprains, sore muscles, bruises, chilblains, frostbitten feet, colds of the chest (it often prevents pneumonia).



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WILLIAMSTOWN

The following items in regard to the work of the public library for the year 1916 are furnished by the librarian, Mrs. Annie Randall: Number persons visiting the library during the year, 7,196; number of books loaned during same time, 7,068; number new cards signed, 63, making a total of 753 since the opening of the library; largest number of visitors in one day, 120; largest number of books loaned in one day, 134. The library has received by gift and purchase during the year, 203 volumes.

Inquiries are made almost daily at the postoffice as to the prospects of a change of postmasters. Possibly it would be well to say to the patrons of the office that so far as is known nothing has been heard from the postoffice department since Mr. Clagston's petition for appointment was forwarded and that in consequence matters remain as they have been until action is taken at Washington. It will be recalled that about 700 offices were advanced from the fourth to the third class at the same time with this one on Oct. 1, and that there are doubtless a large number of petitions on file awaiting their turn to be acted on by the president. No one can foretell when the appointment will be made, but there seems to be no reason to doubt that it will be made in due time.

Dr. Dean of Burlington, a member of the surgical staff of the Mary Fletcher hospital, was in town last week in consultation with Dr. Carl F. Robinson.

Herbert N. Farnham, who has been in Hartford, Conn., in the employ of the Capeville House Nail Co., is at home for a few days.

A good beginning was made last week on the cutting and hauling to the village of the annual ice crop from Cutter pond. The ice is of good quality and plenty thick enough for quick handling.

A late letter from Mrs. Alvin M. Smith, of a party of four who went from this town to California to spend the winter a few weeks ago, states that though Mr. and Mrs. Walter E. Granger were not in the best of health for a time after arriving at Long Beach, all are now feeling well and enjoying themselves very much.

Mr. and Mrs. Carroll W. Martin and son of Barre were in town last Saturday on a visit to Harley T. Martin and other relatives.

Leon T. Thurber has recovered from the measles and is at Wesley M. Sawyer's taking care of Henry Phillips, who is ill with the same disorder.

The pupils of the intermediate room who have not had measles were exposed to the disease last Tuesday, Jan. 16, the eruption showing on Miss Irene Benavides, a student of that room, on that day. Mr. and Mrs. Benavides are much annoyed by the occurrence, as they did not know that their daughter had been exposed. All parents of children who have not had measles are urged to watch out for any symptoms of the disease, so that any further spread may be avoided if possible.

MARSHFIELD

Remember the talk on Billy Sunday by Rev. Stanley F. Blomfield of Montpelier, to be given next Tuesday evening, Jan. 23, at the Congregational church. No admission fee. Everyone cordially invited.

A lamp exploded in the home of A. E. Thompson one evening last week, setting fire and causing considerable damage to the room. The loss was promptly adjusted by Alvi T. Davis, local agent for the Union Mutual and Vermont State Mutual Fire Insurance company.

The band will give a promenade next Saturday evening, Jan. 27, in Peckham hall. Refreshments will be served.

The masquerade ball Friday evening was well attended despite the extremely cold weather; some of the local thermometers registering as low as 32 degrees below zero during the night.

Swerdferger & Davis again call attention to the fact that they have recently added undertaking to their other branches of business. Call when in need of their services.—adv.

The Washington County Farm bureau will hold a farmers' meeting at the school building next Saturday, Jan. 27, beginning at 10:30 a. m. and continuing through the day. County Agent F. H. Abbott will give a talk from charts on farm subjects. The ladies' aid will serve a dinner in the Congregational church parlors at 2 p. m. Everyone is invited to attend.

New Hampshire First.

The energy with which the New England Milk Producers' association is pushing its campaign of education, and incidentally of membership enrollment, is nothing short of inspiring. The choice of New Hampshire as its first field for this renewed activity is altogether logical. New Hampshire men are prominent among the officers of the association, and from no state has the organization, in its efforts to improve the condition of New England milk producers, received more enthusiastic or more important support than from New Hampshire. It is not too much to say that this was the state which ensured the success of the recent crusade for better milk prices in the Boston market. New Hampshire dairymen, in common with New Hampshire farmers in general, have become healthily imbued with the spirit of organized co-operation.

These facts account naturally for the selection of this state as the opening scene of the six-states campaign which the association is to begin next Monday, and at the same time for our firm belief that the campaign in New Hampshire will be attended by most gratifying results. The recently broadened scope of the association, whereby it is in a position to deal with conditions not only in the Boston market, but in all other New England milk markets as well, should appeal to every producer of milk on a commercial scale in New Hampshire. It means encouragement and expansion of the dairy industry, through co-operative buying of raw materials and co-operative selling of the finished product; and encouragement and expansion of the industry mean more productive soil and better farms generally.

New Hampshire should welcome the selection as a golden opportunity to set a brisk pace for the five other states to follow. From the standpoint of increased membership, improved organization and stronger and broader co-operation, the New Hampshire branch of the New England Milk Producers' association should have just cause for satisfaction and pride after next week's campaign.—Manchester Union.

GRANITEVILLE.

Notice: Regular meeting of Court, Bob Roy, No. 6, Tuesday evening, Jan. 22. Important business. A large attendance is desired. J. B. Rabbitt, Fin. Sec.



How to stop dandruff and loss of hair with Resinol

Here is a simple, inexpensive treatment that will generally stop dandruff and scalp itching, and keep the hair thick, live and lustrous:

At night, spread the hair apart and rub a little Resinol ointment into the scalp gently, with the tip of the finger. Repeat this until the whole scalp has been treated. Next morning, shampoo thoroughly with Resinol Soap and water. Work the creamy Resinol lather well into the scalp. Rinse with gradually cooler water, the last water being cold. All druggists sell Resinol Soap and Ointment.

SOUTH CABOT

Charles Houghton was in Danville on business Wednesday.

Mrs. Charles Scribner writes home from Daytona, Fla., where they are stopping this winter, that it is very warm there. Sunday, Jan. 14, it was warm enough so that no one needed wraps out of doors and a fire was quite uncomfortable.

Mrs. Ida Houghton visited her mother, Mrs. George Heath, in East Cabot, one day last week.

Mrs. W. J. Houghton is gaining slowly.

Mr. and Mrs. H. L. Houghton visited at George Gill's on Marshfield hill Thursday.

Guy Dow of Marshfield visited his brother, Lee, the first of last week.

Some from this place attended the masquerade ball at Marshfield Friday night.

Ed. Ward of Marshfield were here Friday.

Friday was one of the worst days this winter, the mercury not rising above eight below zero all day and in the evening it was 34 below.

A number are confined to the house with the grip and it is raging in the school.

ROCHESTER

Rev. W. E. Lang of Ravena, N. Y., will begin his fifth year of service as pastor there this month. Mr. Lang was a former pastor here and his friends are glad to hear of his success.

Mrs. E. H. Whitcomb of Northfield, Mass., has returned to her home after visiting for a few weeks.

The Tupper farm has been sold to Frank Davis of Stockbridge.

Miss Leda Smith of Gaysville has been a recent guest of Supt. and Mrs. Erskine.

Dr. George Morris has returned from New York City, where he has been with his brother for a week.

Fayette Zezer and Barnett Epstein were in Burlington last week to attend the Older Boys' conference.

The funeral of E. W. McWain was held at his late home last Thursday.

Rev. A. W. Blackford officiating. There was a large attendance of townspeople and lifelong friends.

The many friends of Ed. Messer of Keene, N. H., regret to learn of the death of his wife Jan. 13. She leaves a young child, born Jan. 4.

WATERBURY

The chapel of the Congregational church was well filled Thursday evening when Mrs. George P. Knapp, recently of Billis, Turkey, gave a story which was interesting, indeed. Mrs. Knapp left the next morning for Burlington.

A meeting of the Stowe-Waterbury Dairy Testing association will be held in seminary hall at the Center Wednesday morning at 10 o'clock, Jan. 24. This will be in connection with the New York Dairy league meeting. All interested are invited. Practically the same meeting will be held in the Duxbury town hall that evening. There will be speakers from away.

Mrs. Gaffield, Mrs. M. H. Moody and Mrs. Richard Demeritt spent Wednesday in Burlington.

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Boys' \$2.50 Strong School Shoes, sizes 8 to 13, while they last only **\$1.95**

One lot of Men's and Young Men's Blue Serge \$15.00 Suits, Cash-Raising Sale Price **\$9.95**

One lot of Men's and Young Men's \$25.00 Collegian Overcoats, this season's smart, snappy styles, Cash-Raising Sale Price ... **\$18.75**

Men's and Young Men's \$35.00 Hand-Tailored Overcoats, Cash-Raising Sale Price **\$24.50**

Boys' \$7.50 All-Wool Mackinaws, Cash-Raising Sale Price **\$4.65**

Boys' \$7.50 All-Wool Overcoats—Clean them up at **\$4.65**

One lot of regular \$1.50 to \$3.00 Factory Seconds, slightly damaged Shirts, while they last only **89c**

Men's \$7.50 Mackinaws, going to be closed out at **\$4.95**

Men's \$12.00 Mackinaws, Cash-Raising Sale Price **\$7.65**

One lot of Men's Soft Hats, regular \$2.00 values, Sale Price... **\$1.25**

One lot of \$1.00 Shirts at... **79c**

All \$1.50 Shirts, spring style, Sale Price **\$1.23**

All \$30.00, \$35.00 and \$40.00 Fruhauf and Collegian Hand-Tailored Suits in strictly All-Wool and Worsted Fabrics, Blue Serges included, Cash-Raising Sale Price **\$24.50**

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POTATOES AS FOOD.

Different Ages and Sizes of Tubers Call for Different Methods of Preparation.

The general use of potatoes in the average family and the better customs prevailing in many homes in preparing the tubers for food are based on sound economic and dietetic reasons, according to specialists of the office of home economics of the U. S. department of agriculture. Studies of the preparation and use of potatoes as food are reported in department of agriculture bulletin No. 468, recently issued.

Potatoes are easy to cook in a variety of ways. From the point of view of dietetics, they furnish starch in one readily digestible form, contain mineral substance of importance to the body and a fact less generally known—tend to make the tissues and fluids of the body alkaline, so counteracting the tendency of meats, eggs, fish and like foods to create acid conditions. Since the body does its work best when its condition is either neutral or slightly alkaline, potatoes, like most vegetables, perform an important function in the diet besides furnishing energy-producing material. This scientific fact justifies the custom that is prevalent in many families of serving a goodly supply of potatoes or other vegetables with each helping of meat.

Potatoes, however, while a valuable addition to a mixed diet, alone are not suited to meet the needs of the body because of their poverty in proteins and fat. Of these latter important elements protein is furnished in meats, eggs, fish, eggs, milk, beans and similar foods, and fat in butter, bacon, table oils, and the fat and oils used in cookery.

Preparing Potatoes Which Have Been Kept Over from Winter.

Greater care than commonly is exercised should be taken in peeling potatoes. Very often 20 per cent of the potato is pared away. This results not only in the waste of considerable potato but also in the loss of one of the most valuable portions of the tuber, since the soluble mineral salts are present in the material near the skin, which would be removed and thrown away. These salts can be preserved by a more careful removal of the skin, as by shallow paring or rubbing, and also by boiling or baking the potatoes in their jackets.

Paring before boiling, however, may be the most desirable method of cooking potatoes which through an undue exposure to light may have acquired a bit-

ter taste, or those which have been kept until late in the spring, since in this way more of the disagreeable flavor is eliminated. Such potatoes may also be soaked before cooking.

While these methods may be desirable with potatoes which have been exposed to light, they result in the loss of considerable food value without compensating advantages when applied to new or well-matured potatoes. If such potatoes are boiled after paring, they should be dropped into boiling water instead of being placed on the stove in cold water. By the latter method there is twice the loss of protein, or tissue-building elements, resulting from the former. The loss of mineral matter is about the same by each method. There is no loss of starchy material in boiling unless portions of the tuber break off.

Practically the only loss when potatoes are baked in their skins is of the water which escapes as steam. The more or less common custom of pricking holes in the skin of baked potatoes or breaking them is explained by the fact that unless the steam which is formed inside the skin is allowed to escape it will change back into water and produce soggy.

Special Considerations.

Potatoes which have turned green and

sprouting tubers have present a considerable quantity of solanin, an acid poisonous substance which, though not dangerous in the quantities ordinarily met with, gives a disagreeable flavor. It is best, therefore, to avoid such potatoes or to cut out green or sprouting portions.

Attention!

The drill sergeant was rapidly getting to the fed-up stage. The recruits he was trying to whip into shape were the last word in "awkward squads."

"When I say 'Shun!'" he explained huskily, "pull yourselves together, and throw your chests out. Shun!"

The row wavered and trembled and then disentangled their backbones a bit. But he wasn't satisfied.

"Oh, look here!" he yelled in desperation. "I told you to stand as straight as if you had swallowed a ramrod; and there you all go and look as if you'd dined off hockey sticks or corkscrews!"

Fame Comes to Few.

Thrift and forethought belong to every man. One of the best provisions for the future is life insurance. Consult this office. National Life Ins. Co., of Vt. (Mutual). S. S. Ballard, general agent, Rialto building, Montpelier, Vt.

It's because their Turkish blend is BALANCED

Balanced—that is what makes Fatima's blend comfortable, both while you're smoking and afterward, too.

The milder tobaccos in this Turkish blend are so well balanced with the richer, fuller-flavored leaves as to entirely off-set all "oily heaviness"—the cause of discomfort in so many other cigarettes.

And this very blending which makes Fatimas so comfortable (and therefore so sensible) is also just what imparts that unusually good Fatima taste.

But even so, you alone can decide whether or not you like Fatimas. That's easy to settle—try them.

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